

TOTAL BWF SUDIRMAN CUP 2017

21-28 May 2017

100 things to see & do on the Gold Coast



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For the first time in history, the prestigious Total BWF Sudirman Cup 2017 will be held on Australia's stunning Gold Coast. Home to gorgeous, long white sandy beaches, amazing wildlife and some of the best theme parks in the world, come to see the best of the best play, and stay for all the fun. Start planning your trip now!





Beaches & Waterways

1. Beach Tour

Take an expert, guided tour of the beach with one of the Gold Coast's iconic Surf Lifesavers.

2. Currumbin Rock Pools

Make a splash into the clear mountain waters of Currumbin Rock Pools.

3. Diving Adventures

Explore a number of offshore reefs, wrecks and islands on a diving adventure.

4. Experience the Broadwater

Sail, boat or jet-ski your way around the Broadwater and surrounding islands and inlets of Southern Moreton Bay. Try Coomera Houseboat Holidays, Gold Coast Jet Ski Safaris, Getaway Sailing on the Gold Coast or Gold Coast Luxury Cruises.

5. Gold Coast Pristine Beaches

Simply enjoy the sand, sun and surf anywhere along the 57km of white sandy beaches and take in the different personalities of each stretch. Check out Main Beach, Surfers Paradise, Broadbeach, Burleigh Heads, Palm Beach, Currumbin, Kirra, Coolangatta and Snapper Rocks.

6. Jet Boating

Spend the morning doing 360-degree turns and high speed drifting over as little as 10cm of water on a Jet Boat Xtreme or Paradise Jet Boating Adventure.

7. Learn to Surf

Take a lesson and learn to surf or SUP like a champion in paradise. Try Brad Holmes Surf Coaching, Broadbeach Surf School or Get Wet Surf School.

8. Wet 'n' Wild

For splashtacular fun you can't go past Wet 'n' Wild Gold Coast, Australia's biggest and best water theme park.

9. WhiteWater World

Experience the most extreme waterslides on the planet to family friendly attractions at WhiteWater World.







Nature



10. Botanical Gardens

Take a mangroves to mountain walk, smell the roses and visit the Butterfly Garden at the Gold Coast Regional Botanical gardens.

11. David Fleay Wildlife Park

Discover a diversity of threatened wildlife as you amble through the cool green rainforest, containing cassowaries and tree kangaroos at David Fleay Wildlife Park



12. Gold Coast Hinterland Great Walk

Walk your way through 54 kilometres of National Parks on the Gold Coast Hinterland Great Walk. Don't miss Python Rock, Tooloona Creek Circuit or Mount Merino among many of the circuits and walks.

13. Natural Bridge

See the unusual geological feature created over millions of years at Natural Bridge.



14. Southern Cross 4WD Tour

Take a 4WD eco tour of the Gold Coast's vast and delicate hinterland with Southern Cross 4WD Tours.

15. Southern Points Promenade Walk

Lace up your sneakers for stunning coastal views on the Southern Points Promenade walk.



16. Springbrook Plateau

Marvel at the breathtaking lookouts, magnificent waterfalls, dense rainforest and ancient Antarctic beech trees of Springbrook Plateau .

17. Tamborine Rainforest Skywalk

Elevate your hinterland walk to the canopy on the Tamborine Rainforest SkyWalk or O'Reilly's Tree Top Walk.

18. White Bellied Sea Eagles

Watch white bellied sea eagles ride updrafts at Tallebudgera Creek and the Burleigh Headland National Park.



Entertainment



19. Australian Outback Spectacular

Celebrate a tribute to the Australian Outback with a cast of larger than life characters, magnificent animals including the Australian stockhorse, stunning special effects and a delicious three course dinner at the Australian Outback Spectacular.



20. Draculas Cabaret Restaurant

Thrill with excitement and scream with fear at Dracula's Cabaret Restaurant.

21. The Star Gold Coast

Indulge in five star luxury and live it up with first-class entertainment at Jupiters Hotel and Casino.



22. Local Music

Check out the local music talent at The Avenue or Hard Rock Café Monday night jam sessions.



Theme Parks & Attractions



23. Circus Arts Gold Coast

Experience the feeling of flying and learn how to make a catch on the flying trapeze at Circus Arts Gold Coast.

24. Dracula's Haunted House

Take an amazing interactive journey through creepy comedy satire, museum oddities and optical illusions at Dracula's Haunted House.



25. Dreamworld

Visit Dreamworld, the biggest theme park in the nation with rides, attractions, shows and characters to thrill kids of all ages.

26. Hinze Dam

Visit Hinze Dam and explore the new facilities including a state-of-the-art Interpretive Centre, lakeside parks, walking, bike and horse trails.



27. Hot Air Balloon

Witness a stunning sunrise as your hot air balloon showcases the Gold Coast.

28. Infinity

Laugh and scream as you journey into mind blowing spectacular, futuristic maze-like worlds of wonder at Infinity.



29. Ripleys Believe It Or Not!

See authentic unbelievable exhibits, incredible illusions, unusual stories, magic and mystery at Ripleys Believe It Or Not! Odditorium.

30. Sea World

Flip out with the dolphins, seal a new friendship with a kiss or dare to dive with the predators of the deep at Sea World.

31. SkyPoint

Ascend 230m above the sea to the SkyPoint Observation Deck, on top of the iconic Q1 Building.



32. Superbee Honeyworld

Witness the amazing process from flower to honey at Superbee Honeyworld.

33. Warner Bros. Movie World

Meet your favourite stars and super-heroes and experience the exhilaration of world-class adventure rides and movie attractions at Warner Bros. Movie World.

34. Wax Museum

Come face to face with World Leaders, Entertainers, members of the Royal Family and many others at the Wax Museum.

Shopping & Markets

35. Australian Opals

View and purchase from the largest selection of exquisite Australian opals direct from the miners at King Opal.



36. Markets

Treasure hunters and bargain spotters can have their pick at one of the many local markets around the Gold Coast. Check out the Surfers Paradise Beachfront Markets and Carrara Markets or Arts and Crafts Markets at Broadbeach, Burleigh Heads and Coolangatta.

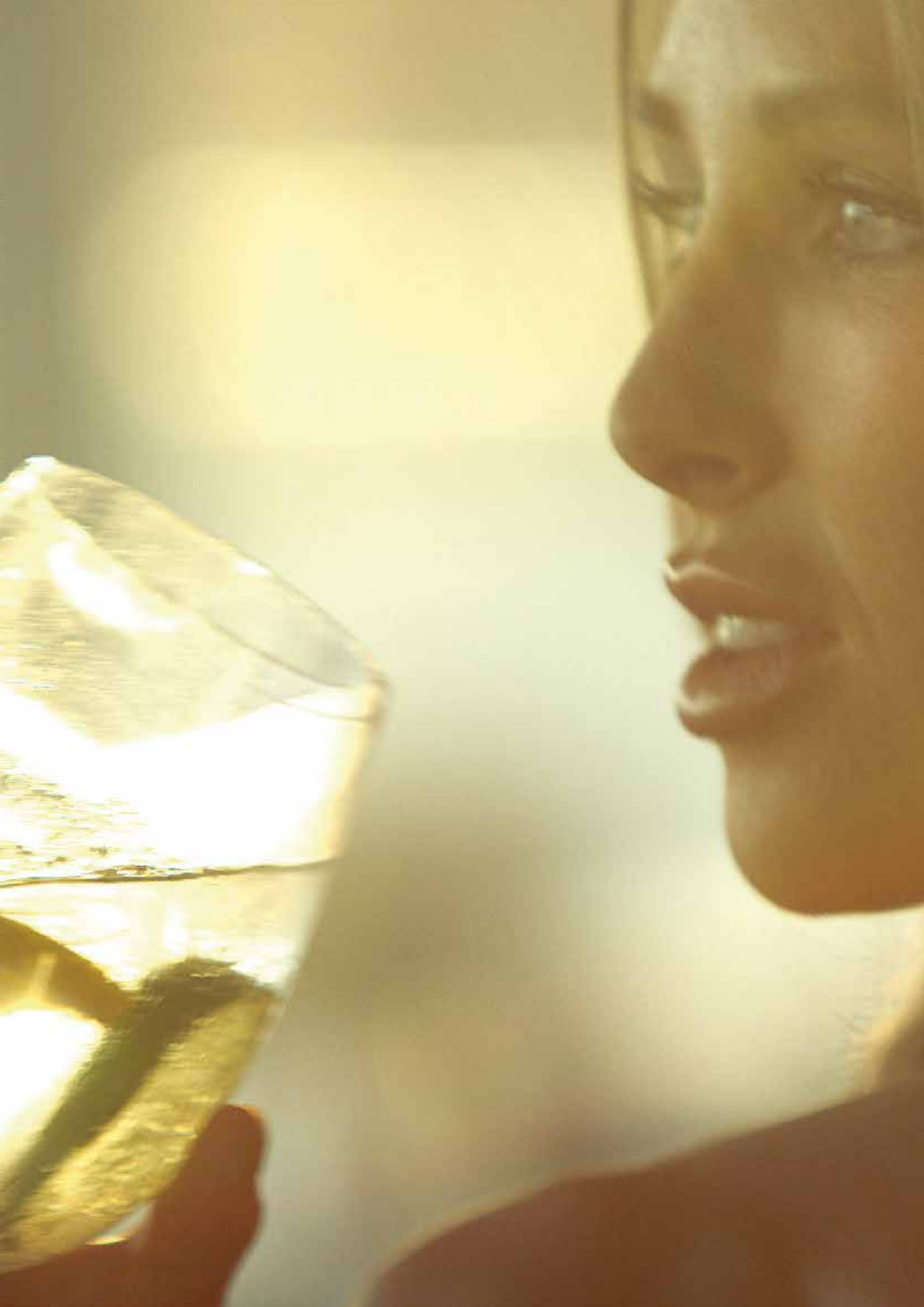


37. Shopping Centres & Malls

For retail enthusiasts sample an abundance of soul-satisfying shopping centres, outlet malls, boutiques and high-end designers. Take your pick from the Paradise Centre, Pacific Fair Shopping Centre, Robina Town Centre, Harbour Town Outlet Shopping Centre, Australia Fair Shopping Centre, Chevron Renaissance Shopping Centre, Oasis Shopping Centre or The Strand at Coolangatta.







Food & Beverage



38. Burleigh Brewing Company

Tour or taste freshly brewed beers in the Burleigh Brewing Company's Lounge.

39. Catch a Crab

Get hands on with Catch a Crab eco tours and dine on the freshest cooked crab lunch.



40. Coastal Coffee

From single origin to signature blends, competition is stiff when it comes to coffee on the coast. Local favourites include Café dbar (Coolangatta), Salt Mill (Currumbin), Barefoot Barista (Palm Beach), Canteen, Comune or Paddock (Burleigh Heads), No name lane (Broadbeach) and Black Coffee Lyrics (Surfers Paradise)

41. Food & Wine Trail

Explore the Gold Coast Food and Wine Trail to discover delicious wine offerings and tantalising gourmet treats.



42. Fresh Seafood

Sample the freshest seafood at a seaside restaurant or purchase fresh fish and cook up a storm.

43. Marketta Markets

Take your tastebuds on an international holiday at the Miami Beach based Marketta Street Food Markets.

44. Surf Clubs

It's hard to go past a good surf club – great value food, prime position by the beach and entertainment the whole family can enjoy.



45. Tamborine Cooking School

Find out all the tricks of the trade, and answers to your culinary questions at Tamborine Cooking School.

46. Tamborine Mountain Distillery

Sip Tamborine Mountain Distillery's award winning Wattle Toffee Liqueur.

Animals

47. Birds of Prey Flight Show

Be amazed by the Birds of Prey Flight Show at O'Reilly's Rainforest Retreat located in the World Heritage Listed Lamington National Park.

48. Currumbin Wildlife Sanctuary

Cuddle a koala or feed a kangaroo at Currumbin Wildlife Sanctuary.

49. Dolphins at Sea World

Interact with the dolphins in an in-water encounter at Sea World.

50. Fishing Charter

Cast a line with one of the Gold Coast's deep sea fishing tours.

51. Numinbah Valley Horse Trails

Ride through the hinterland with Numinbah Valley Horse Trails.

52. O'Reilly's Rainforest

Feed lorikeets at O'Reilly's Rainforest Guesthouse.

53. Polar Bears at Sea World

See the newest edition to the Polar Bear family, Henry, at Sea World's Polar Bear Shores.

54. Sharks at Sea World

Face off with a hungry shark from within Sea World's safe acrylic swimming cage.

55. Springbrook National Park

Uncover an illuminating world of twinkling glow worms at Springbrook National Park.

56. Tigers at Dreamworld

Take a morning walk with a 180kg tiger at Dreamworld's Tiger Island.

57. Snorkel with turtles at Cook Island with Watersports Guru

Cook Island is famous for its large population of green turtles, and the clown fish are always happy to pose for a photo.





Arts & Culture

58. Dreamtime at Corroboree

Explore the Dreamtime at Corroboree – Dreamworld's interactive walk-through experience celebrating Aboriginal and Torres Strait Islander culture, wildlife and stories.

59. Gold Coast Arts Centre

Watch an independent film before visiting the gallery at the Gold Coast Arts Centre.

60. Gold Coast Convention and Exhibition Centre

Capture anything from an international festival to your favourite pop star at the Gold Coast Convention and Exhibition Centre.

61. Gold Coast Film Festival

Keep an eye out for your favourite Hollywood actor or actress with a number of blockbusters currently in production in and around the Gold Coast.

62. Jellurgal Aboriginal Cultural Centre

Experience the aboriginal history of the Gold Coast with a visit to the Jellurgal Aboriginal Cultural Centre.

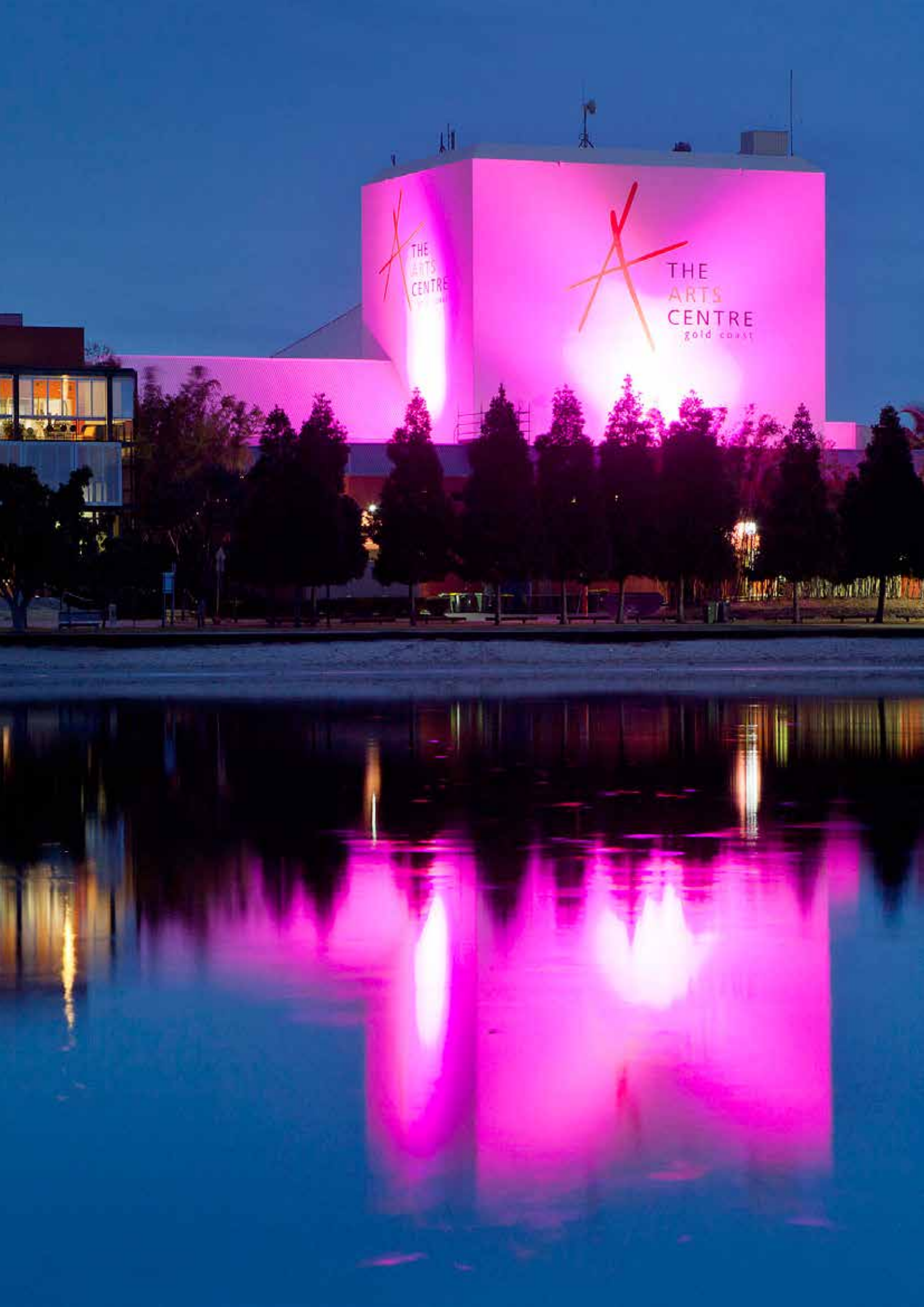
63. Mt Tamborine Gallery Walk

Stroll along the Mt Tamborine Gallery Walk and discover a gallery and craft hot spot.

64. Surf World Gold Coast

Discover the history of surfing at Surf World Gold Coast.





Action, Adrenaline & Adventure

65. Aquaduck Safari

Plunge from roadway to the seaway on the Aquaduck Safari amphibious tour.

66. Go Karting

Zoom around the European-style indoor track at Go Karting Gold Coast.

67. Green Lantern Coaster

Launch into the steepest drop in the Southern Hemisphere on Warner Bros. Movie World's Green Lantern Coaster.

68. Hanglide

Feel the gentle breeze carry you over the hinterland on a hang glider.

69. Harley Tour

Jump on the back of a sleek Harley Davidson on a Gold Coast Motorcycle Tour.

70. Helitour

Lift off for a luxury tour of unforgettable hinterland to ocean views on a Gold Coast Helitour.

71. High Ropes Course

Give Tarzan some competition on Extreme Green Challenge at Currumbin Wildlife Sanctuary's high ropes courses.

72. Pandamonium

Choose your own level on the ride with a serious split personality, Dreamworld's Pandamonium.

73. Quad Bike Safari

Jump on board a Quad Bike Safari for a thrilling ride through Numinbah Valley.

74. Racecentre

Take the wheel at Racecentre and experience realistic racing and real fun!

75. Skydive

Free fall then float gently down to the Kirra Beach sands with Gold Coast Skydive.

76. Storm Coaster

Hold on tight as you face a 20m wave on dry land on Sea World's newest ride, Storm Coaster.

77. The Claw

Swing nine storeys into the sky at 75km/h on Dreamworld's The Claw.









Sports

78. A Round of Golf

Get schooled by a pro on one of the Gold Coast's 40 championship and resort golf courses.



79. AFL Game

Fire up with the locals at a Gold Coast Suns AFL game.

80. Fishing Charter

Land your own catch of the day with a Gold Coast fishing charter.



81. NRL Game

Experience the raw power of the Gold Coast Titans rugby league team.

82. Surfing

Take to the waves at any one of the best sand-bottom point breaks in the world on the Southern Gold Coast from Snapper Rocks to Burleigh Heads.





Family Fun



83. 7D Cinema

Experience the thrilling special effects and spectacular footage that will have you laughing, squealing and convinced you're in the movie at 7D Cinema.

84. Bike Ride

Hire a bike and explore the city's picturesque bikeways.



85. Build Sand Castles

Relive the innocent pleasure of building sand castles on the beach.

86. Ice Skating

Beat the heat at Planet Chill Ice Skating Rink.

87. Oceanway Walk

Spot birds, dolphins, fish and whales on an oceanway walk.



88. Paradise Country

Experience an authentic Aussie Farm that reflects the traditional Australian Bush Culture at Paradise Country Aussie Farm Tour.

89. Picnic

Stretch out under a tree and have a picnic in one of the many Gold Coast parks.



90. Putt Putt Golf

Test your skill and try your luck at King Tutt's Putt Putt located in the heart of Surfers Paradise.

91. See a Movie

See the latest blockbusters on the biggest screen at Event Cinemas Robina and Pacific Fair.

92. Ten Pin Bowling

Knock the pins on their heads or grab the karaoke microphone at Strike Bowling Bar.



93. Thunderbird Park

Play laser skirmish in a jungle village setting, tackle the adventure high ropes course at Tree Top Challenge and enjoy a horse trail ride through the rainforest at Thunderbird Park.

94. Timezone

Lose yourself for hours in the biggest Timezone in the World.

Rest & Relaxation

95. Escarpment Retreat

Take some much needed time out and experience an award winning rainforest Day Spa at Escarpment Massage and Day Spa.

96. Gwinganna Health Retreat

Reinvent yourself with organic cuisine, health focused activities and luxury spa treatments at Gwinganna Health Retreat.

97. Harbour Day Spa

Look and feel amazing after a visit to Harbour Day Spa.

98. Q1 Spa

Surrender to an ancient Aboriginal head massage for a truly Australian spa treatment at the Q1 Spa.

99. Ripple Gold Coast Massage

Let relaxation come to you with Ripple Gold Coast Massage.

100. spaQ

Try a freshly picked spa experience at spaQ.





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